

Educational Objectives

- Identify key components of behavioral cough suppression therapy.
- Discuss the likely mechanisms involved in chronic refractory cough.
- Discuss recent advances in medical and behavioral treatments for chronic refractory cough.
- Identify key ingredients in the interaction between voice and swallowing
- Discuss skills required to navigate across voice and swallowing disciplines
- Select key questions during history taking to facilitate differentiating hyper- or hypotussic cough
- Identify key diagnostic criteria of chronic cough
- Identify key diagnostic criteria of chronic aspiration
- Discuss the importance of calculated risk.
- Identify at least 2 allied professionals for collaborative care
- Select treatment ingredients that are likely to achieve specific therapeutic targets
- Describe how upregulating cough function was an important therapy target for the patient with Parkinson's disease
- Describe how cough function was evaluated before and after treatment using perceptual and objective methods.
- Describe how a voluntary cough skill training (VCST) treatment paradigm was constructed and implemented for this patient, and how these methods can be used when developing a VCST protocol for similar patients.
- Identify the clinical profile for chronic cough (CC) and inducible laryngeal obstruction (ILO)
- Discuss the differential diagnoses that may occur concurrently with CC or ILO
- Update their knowledge regarding possible triggers for CC.